113-2 中國醫藥大學 雙語教學推動資源中心

語文研習大綱 Language Course Outline

研習名稱	English Cafe	研習時間	週四 13:10~15:00·共14週
Course Title		Time	2025/03/06~2025/06/12
研習教師	Steven 老師	研習地點	水湳校區
Instructor		Classroom	卓越大樓 702主動學習教室
教師學歷 Instructor's Educational Background	Undergraduate/Master degree (Biology) Certified teacher in English as a Second Language	教師經歷 Instructor's Teaching Experience	Taught English in the US and South America and has led English corners in Taiwan for 9 years at Universities including: CTUST, NUTC, CMU, Feng Chia, and OCU.

一、研習目標 Course Objectives /研習簡介 Course Description

This course is to improve your English conversational skills in a fun and enjoyable environment. You will build relationships with foreigners and improve your confidence in speaking English.

二、主要教材及參考用書 Reference

Power point prepared by Steven.

三、研習進度 Course Schedule					
週別 Week	日期 Date	主題 Topic	內容範圍 Schedule		
_	03/06(四)	Getting to know each other	Through fun games and English conversation, the students and teachers will get to know each other.		
_	3/13(四)	Meeting new friends from the US	We will have a group of college students from the US, this will be a very relaxed fun time to make new friends, talk about culture, and play games together as we practice English		
=	3/20(四)	Getting to know our personalities and deeper self	This will be a fun time together as we learn more about each other's personalities		
四	3/27(四)	Mental Wellness	We live in a world filled with anxiety, negative thinking, feelings of depression, low self-esteem, etc. What are some ways we can help our mental wellness?		
五	4/3(四)	Social Wellness	Is making new friends difficult for you? Do you know how to start conversations with new people? How do we grow in our social wellness?		
六	4/10(四)	Fun with Easter	We will paint Eggs together and have a candy egg hunt as we talk about Easter!		
	4/14~4/18 期中考週停課				
t	4/24(四)	Loneliness	Loneliness is a struggle that many people have. How can we overcome feelings of being left out, or unappreciated, or unseen?		

八 5/1(四)	Physical Wellness	We will look at overall wellness: sleep, exercise, nutrition, etc. How physical wellness affects our overall well-being.
九 5/8(四)	Motivation	What motivates us to do what we do? What do we do when we lose motivation?
十 5/15(四)	Ethics	Ethics affect our daily decisions. What is it? Why does it matter? We will have a fun time exploring this topic with some role plays.
十一 5/22(四)	Decision Making	We will look at how to make good decisions and what to do when we have made bad ones.
十二 5/29(四)	Making New Friends!	We will have a group of Chinese Malaysian students visiting us. This will be a time of getting to know each other through fun activities and practicing English
+三 6/5(四)	Getting better in our communication with others	We will look at ways to improve our communication
十四 6/12(四)	End of Year Party!	This will be our last English Free Talk of the semester, so we will have some really fun games and activities!

四、注意事項 Notice /研習先備能力 Prerequisites

None.